

SUNDAY SERVICES IN OCTOBER

8.00am	Communion Services (BCP) <i>At the Cathedral every Sunday in October</i>
6th October	The 16th Sunday After Trinity
10.30am	All Age Joint Harvest Service <i>Preacher: Jo Ognjanovic</i>
4.30pm	Evensong
13th October	The 17th Sunday After Trinity
09.30am	Informal Worship
11.00am	Holy Communion <i>Preacher: Rev'd Graeme Anderson</i>
4.30pm	Evensong
20th October	The 18th Sunday After Trinity
09.30am	Informal Worship
11.00am	Holy Communion <i>Preacher: Jim Kendall</i>
4.30pm	Evening Prayer
27th October	Last Sunday After Trinity
09.30am	Informal Worship with Holy Communion
11.00am	Holy Communion <i>Preacher: Geoff Wilcox</i>
4.30pm	Evensong

Welcome

We are glad you are here!
If you are new to Holy Trinity, please introduce yourself; we'd love to get to know you.



Vicar: Revd. Graeme Anderson

God's Care for Mental Health

"He has made my teeth grind on gravel, and made me cower in ashes; my soul is bereft of peace" (Lamentations 3:16-17). These words, from the book of the Bible called Lamentations, are the writer's reaction to the horrors of war and the destruction of Jerusalem centuries ago. But they also describe something very modern and familiar to us: stress - quite possibly post-traumatic stress.

The less we're in control of what's happening to us, the more likely we are to be stressed. It's not something we can 'snap out of' – it affects us in ways our rational mind can't easily deal with. Ex-soldiers who've experienced battle can suffer from it. But accidents, 'always on' social media, even constant worry about a child's safety, may be triggers for it, too.

The good news is that our creator God cared for the writer of Lamentations, and cares for us too. As the body of Christ here at Holy Trinity, we're aiming to become more aware of those among us and around us in the city centre suffering poor mental health. And to offer better care where we can. Look out for news on this in future news sheets. *Jeremy Bevan*

Families and Youth Work Events

For your diary.....

14th October: Prayer evening for our children and young people in The Yard 7:45-9:00pm

31st October: Light Party. For Primary School aged children In Old Bluecoat school 4:30 -6:30pm – more details to follow

9th November: Thrive Juniors. A regional worship event for primary school aged children. Leamington Baptist Church 3:30-5:00pm – for more details speak to Megan Bishop.

Save the Date—Trinity's Got Talent! - 5th October 2019

It's nearly here so do come along and celebrate all the God-given talents we have in our Holy Trinity family.



October Lunchtime Recitals

Our season of Saturday lunchtime autumn recitals continues in October. Recitals are free with a collection for the organ appeal. All welcome.

19th October (4pm) The Singers - from Newcastle-Upon-Tyne

26th October (1pm) Roman Rudnytsky—piano recital (from the USA)

Baby Loss Awareness Week 2019

Anyone who has experienced or been affected in any way by pregnancy loss or the death of a baby is invited to attend a special service at Coventry Cathedral.

Bereaved parents, family members and friends are set to commemorate the all too brief lives of their babies from 2pm on Sunday, October 13.

It comes as part of Baby Loss Awareness week (October 9 to 15), which encourages people to talk openly and raise awareness of baby loss.

Baby Loss Awareness Week is led by Sands, the stillbirth and neonatal death charity, in collaboration with more than 40 charities across the UK. For more information please visit www.babyloss-awareness.org.

For further information about the event please email

Ricarda.witcombe@geh.nhs.uk or call her on 07771 343958

MIDWEEK SERVICES AND EVENTS FOR OCTOBER

Tuesdays at 1pm
Wednesdays at 10.30am
Thursdays at 1pm
Prayer Hour— Monday 6th October at 8pm
in The Yard, Old Blue Coat School

Healing Service
Holy Communion
Lunch Break Service

FLOWER DONATIONS :

1st October by Sue Shepherd (*in memory of her father Sandy Buchanan*), on 6th October by Shirley Williamson (*in memory of Betty*).

PRAYER REQUESTS

October prayer diaries will soon be available in church and on the website

Mission groups to pray for in October :

Mission Aviation Fellowship (MAF), Nexus and CRASAC

Prayer Requests: Flo Carpenter, Harold Parker, Harold Pails, Sheila Bench, Brian Shepherd, Sophie Burch and her family, Eunice Williams, Aubrey (William) Prince, James Johnson, Brian Rawlings, Tony Treacey and anyone known to us who is in need of prayer.

HTC news sheets are available on the church website or via email :-
www.holytrinitycoventry.org.uk hoffice@holytrinitycoventry.org.uk
Church Office, 5a Priory Row, Coventry, CV1 5EX Tel: 024 7622 0418

Holy Trinity is open from:
Monday to Saturday—9.30am—4pm